

Apply for integration assistance for children and adolescents with mental disabilities or threatened mental disabilities

Does your child have a mental disability or is at risk of one? Is his or her participation in society therefore restricted? Then integration assistance can help.

Competent Department

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Basic information

Some children and young people cannot participate equally in public life because of their disability. Integration assistance supports children and young people with disabilities so that they can lead a self-determined life. This integration assistance is aimed at children and young people with a mental disability or a threatened mental disability.

Integration assistance is divided into 4 groups:

- Services for medical rehabilitation
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- Services for participation in working life
- Services for participation in education and
- Services for social participation

Integration aids can look like this

- in outpatient form, outside of inpatient facilities, for example, a school companion
- in day care facilities for children or in other semi-inpatient facilities
- in day and night facilities and other forms of residential care
- placement in full-time care

A mental disability can be, for example, an anxiety disorder, depression, psychosis, autism, ADHD or an eating disorder.

In addition to mental disabilities, there are also physical and mental disabilities. There may also be integration aids for these. Other agencies may be responsible for this. Ask your youth welfare office which agency is responsible for you.

Requirements

- Your child has or is at risk of having a mental disability. The condition is likely to last longer than 6 months.
- Your child's participation in social life is impaired.
- Young people are eligible. They can apply from the age of 15.
- Before the age of 15, their legal representatives file an application on their behalf.

What documents do I need?

- Identity card
- Proof of custody

If required. For example: birth certificate, information from the custody register, family court decision on custody, power of representation.

- Specialist opinion

A specialist's opinion on the existence of a mental disability or impending mental disability in your child. This can also be obtained by the Youth Welfare Office with your consent.

Procedure

- Contact the responsible office.
- In a personal conversation, you will be shown possible assistance. This can be supplementary or in combination with help for upbringing or help from other rehabilitation providers.
- Integration assistance can only be granted if a suitable doctor certifies a mental or threatening mental disability.

- All parties involved (you, your child, the staff of the independent organization and the Youth Welfare Office) meet for a help plan discussion. In the help plan, it is determined how the help is to be structured and which goals are to be achieved.
- If necessary, a participation plan procedure is also carried out.
- You submit an application for integration assistance.
- The competent authority commissions an independent welfare organization to carry out the integration assistance.

Legal bases

- [§ 35a Sozialgesetzbuch Achtes Buch \(SGB VIII\)](#)

What are the costs?

Integration aids in outpatient form are free of charge. Outpatient services include, for example, assistance at school.

In the case of partial or full inpatient integration assistance in day care facilities, with caregivers or in facilities during the day and night, you must contribute to an appropriate extent. Please ask the responsible youth welfare office.