

Counseling on sexually transmitted infections (STI)

You can contact the Sexual Health Counseling Center for information or a consultation about sexually transmitted infections (STIs).

Competent Department

- [Gesundheitsamt Bremen | Beratungsstelle für sexuelle Gesundheit](#)

Basic information

We offer the free and anonymous test for antibodies against the HI virus (HIV test). Please note that the last risk contact (for example, unprotected intercourse) must have taken place at least 6 weeks ago, so that an infection can be excluded.

We also offer testing for other sexually transmitted infections under certain circumstances. We can discuss this together at the consultation appointment. The individual counseling and testing services include: Syphilis, Chlamydia, Gonorrhea, Hepatitis B, Monkeypox (Mpox).

There is a possibility of vaccination against hepatitis A+B and monkeypox.

Requirements

There are options for making appointments in person, by phone, and by mail. Appointments can also be made via an online booking system. You will find the link to this under "Responsible offices" and under "Further information".

Procedure

Legal bases

- [Gesundheitsdienstgesetz \(ÖGDG\)](#)
- [Infektionsschutzgesetz \(IfSG\)](#)

More information

Basic information on the subject of sexually transmitted infections can be found on the campaign site "LIEBESLEBEN" of the Federal Center for Health Education (BZgA) and the website of the Deutsche AIDS-Hilfe e.V. (DAH). There you can also order or download various information brochures.

Nationwide telephone number of the Deutsche AIDS-Hilfe:

Phone :

+49 180 3319411 (9 Ct./min. from the German fixed network, mobile phone max. 42 Ct/min).

Reachability:

Monday - Friday 09:00 - 21:00 hrs.

Saturday - Sunday 12:00 - 14:00 hrs

Telephone consultation of the BZgA:

Phone :

+49 221 8992-0 (14 Ct/min. from landline, mobile max. 42 Ct/min.)

+49 221 8920-31

Availability:

Monday - Thursday 10:00 a.m. - 10:00 p.m.

Friday - Sunday 10:00 - 18:00

What deadlines must be paid attention to?

There are no deadlines

How long does it take to process

From Monday to Friday, processing of requests takes place on a daily basis.

What are the costs?

There are no costs for you.