

Counseling for children, adolescents and families

Children, adolescents, parents and other guardians can turn to the municipal educational counseling centers for all questions concerning development and upbringing, personal or family issues, separation and divorce.

Competent Department

- [Beratungsstelle für Kinder, Jugendliche und Familien – Erziehungsberatungsstelle Mitte-West](#)
- [Beratungsstelle für Kinder, Jugendliche und Familien – Erziehungsberatungsstelle Nord](#)
- [Beratungsstelle für Kinder, Jugendliche und Familien – Erziehungsberatungsstelle Ost](#)
- [Beratungsstelle für Kinder, Jugendliche und Familien – Erziehungsberatungsstelle Süd](#)

Basic information

Children, adolescents, parents and other caregivers can turn to the municipal counseling centers for children, adolescents and families - educational counseling - for all personal or family-related questions. These can be, for example, questions about development, education, (family) conflicts or separation and divorce.

As a rule, very personal experiences and feelings are discussed with the counselors, which require a safe and trusting framework. Therefore, all counselors are subject to the legal duty of confidentiality. Counseling is free of charge and also possible in other languages (if necessary, with the support of language mediators, who are also subject to confidentiality). It is also possible to receive counseling anonymously if desired.

We are a team of professionals from the fields of social work, education, psychology and psychotherapy.

Occasions for counseling can be

- Parent-child conflicts
- separation and divorce
- Puberty
- Violence in the family
- Educational insecurity
- Patchwork families
- Partner conflicts regarding education
- Sibling quarrels

- Media consumption (media harmful to minors)
- Problems in kindergarten and school
- Mentally ill parents
- Social problems
- Traumatic experiences
- Neglect
- Domestic violence
- Sexual abuse
- Illness, death, grief
- Abnormalities in child behavior and development
- Incarcerated parents
- Regulatory disorders in early childhood

Requirements

The services of the Counseling Center for Children, Adolescents and Families - Educational Counseling Center are available to all guardians of children and adolescents. Adolescents can also come to the counseling center on their own, without the knowledge of their parents.

The service is free of charge and can also be used anonymously if required.

What documents do I need?

- None

Procedure

- If you would like to make an appointment, please feel free to call or email us. We have regular telephone consultation hours when you can reach us personally. You can also leave a message on the answering machine and we will call you back as soon as possible.
- Consultations usually take place on the premises of the counseling center. However, if necessary, counseling is also possible by telephone or video conference.
- Registrations are possible at any time. However, there may be waiting times in some cases. Young self-reporters are invited more quickly if possible.

Legal bases

- [§ 28 Sozialgesetzbuch Achtes Buch \(SGB VIII\)](#)

More information

- As a rule, very personal and family-related experiences and feelings are discussed between those seeking advice and the counselors, which require a trusting framework. All counselors are therefore bound to secrecy - also vis-à-vis the case management or other institutions.
- Young people can also contact us without the knowledge of their parents.
- If necessary, counseling can also take place anonymously.

What deadlines must be paid attention to?

There is no deadline.

How long does it take to process

The processing time depends on the number of respective advice seekers waiting for an appointment. Young people seeking advice are invited more quickly if possible.

What are the costs?

The consultation is free of charge.