

# Apply for medical rehabilitation at the expense of pension insurance

You can receive medical rehabilitation from the pension insurance fund if your earning capacity is impaired by illness or disability.

## Competent Department

- [Deutsche Rentenversicherung Oldenburg-Bremen](#)

## Basic information

The purpose of medical rehabilitation is to improve or restore your ability to work.

In principle, medical rehabilitation can be repeated after 4 years - unless the benefit is required prematurely for health reasons.

Rehabilitation serves to treat health and functional disorders. The type of treatment and choice of rehabilitation facility depends on your symptoms.

Rehabilitation takes place in a pension insurance rehabilitation facility or in one of its contractual facilities. Medical rehabilitation services are available both on an inpatient and all-day outpatient basis and generally last 3 weeks. There are regulations that deviate from this form and duration of benefits for addicts.

This is paid for by the pension insurance:

- the trip
- accommodation
- the meals
- medical care
- the therapeutic services
- the medical treatments

In the case of inpatient medical rehabilitation, you can contribute a maximum of EUR 10.00 per day towards the costs. The co-payment depends on the amount of your income.

If your employer does not continue to pay your salary during your medical rehabilitation due to similar previous illnesses, you may receive a transitional allowance from the pension insurance fund.

You cannot receive medical rehabilitation if you

- are entitled to a similar benefit from another rehabilitation provider (e.g. accident insurance) due to an accident at work, an occupational disease or injury caused by a third party,
- are a civil servant, soldier or judge. Please contact your local integration office to find out from whom you can receive benefits,
- are already receiving or have applied for an old-age pension (at least two thirds of the full pension),
- have permanently retired from working life and are receiving a company pension, for example, until the start of your old-age pension, or
- are in custody or serving a custodial sentence.

## Requirements

You can receive medical rehabilitation from the pension insurance fund if you

- have been insured in the statutory pension insurance scheme for at least 15 years (so-called "waiting period of 15 years") or
- receive a pension due to reduced earning capacity or
- receive a large widow's or widower's pension due to reduced earning capacity or
- have paid compulsory contributions for an insured employment or activity for 6 calendar months in the last 2 years prior to the application or
- have been in insured employment or self-employment within 2 years of training up to the date of application or were incapacitated for work or unemployed after such employment or activity up to the date of application or
- are of reduced earning capacity or this is to be expected in the foreseeable future if you fulfill the general waiting period of 5 years.

## What documents do I need?

- Report of findings from your attending physician

## Procedure

You can submit your application online, in person or in writing.

Online application:

- On the German Pension Insurance (DRV) website under "Online services" you will find detailed information on the process.
  - If you follow the "Submit application" link, you will be guided through the next steps and can select the desired application.
  - Alternatively, you can use the online services with registration. For example, you can immediately see which insurance periods have already been recorded. You also save time and do not have to re-enter data you already know.
  - Complete the application in full and upload the required documents.
  - Submit your application online.
  - You will receive a confirmation of submission.
  - The responsible pension insurance provider will check your application.
  - You will receive notification of your application.
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#### Personal application:

- Compile the necessary documents for your application and make an appointment with the DRV.
- When making an appointment online, your personal details and, if possible, your insurance number will be required.
- You can select a desired advice center and your preferred date. Depending on the availability of free appointments, you will receive a proposal for a binding consultation appointment.
- During your personal consultation, your application will be recorded electronically and forwarded online to the relevant pension insurance provider.
- The responsible pension insurance provider will check your application.
- You will receive a decision on your application.

#### Written application:

- Go to the DRV website.
- Download the required application form.
- You can also collect the form in person from the information and advice centers.
- Complete the application form, sign it and attach the required documents.
- Send all documents
  - by post to your pension insurance provider or
  - hand them in at one of the local advice centers.
- The responsible pension insurance provider will check your application.
- You will receive a decision on your application.

A person you trust can also submit your application on your behalf. Please submit a power of attorney to the pension insurance fund for this purpose. As long as the power of attorney is valid, the pension insurance company will only contact the person you have authorized.

If you give your consent to electronic communication, all correspondence can take place online. You can either use the electronic mailbox under the online services with registration or De-Mail.

### Legal bases

- [§ 15 Sechstes Buch Sozialgesetzbuch \(SGB VI\)](#)

### More information

#### Legal remedy:

- Appeal
  - Detailed information on how to lodge an appeal can be found in your notification.
- Complaint
  - Detailed information on how to lodge a complaint can be found in the notice of objection.

**What deadlines must be paid attention to?**

There are no deadlines.

**How long does it take to process**

Usually 3 weeks.

**What are the costs?**

gebührenfrei