

# Exemption from the obligation to wear a seat belt / helmet

## Competent Department

- [ASV - Amt für Straßen und Verkehr](#)

## Contact Person

- [Bürgerbüro Servicenummer](#)

### Bürgerbüro Servicenummer

+49 421 361 31092

E-mail

## Basic information

On the basis of a medical certificate or a medical certificate, you can be exempted from wearing a helmet or from the obligation to wear a seat belt with this exemption.

Furthermore, you can be exempted from the obligation to wear a seat belt if your height is less than 150 cm.

## Requirements

Required documents at a glance - For new applications and extensions

- Medical certificate / medical certificate
- Copy of identity card (front and back)

## Procedure

Please complete the online application (see right column - Online processing): After receipt of the online application, a confirmation of receipt will be sent. If it is not possible for you to send us the required evidence as file attachments, you are also welcome to send them by mail or fax (04 21 / 496 - 69 45). In this case, please make sure that all your documents (number) can be clearly assigned to the application you have submitted. If your documents

have not reached us within 14 days of submission of your application, we will consider your application to be invalid. In this case, you will not receive any further communication from us.

### **More information**

If an exemption permit, special parking permit and/or card is lost, a loss report must be completed and sent to the e-mail address [buergerbuero@asv.bremen.de](mailto:buergerbuero@asv.bremen.de) or by fax to 496-18087, 496-6945. This can, of course, also be sent by post or dropped in the letterbox.

The fee for issuing a replacement is 11.50 euros.

### **How long does it take to process**

2 weeks bis 3 weeks Please note that your application can only be processed once all the required documents have been submitted.

### **What are the costs?**

15,00 EUR